Rail Working Hours Policy

Geotechnical Observations Limited ("The Company") recognises our responsibilities under Railway Group Standard NR/L2/ERG/003 - Control of Excessive Working Hours for Employees Undertaking Safety Critical Work and Network Rail Standard NR/GN/INI/001 - Guidance on the Management of Doorto-Door Work and Travel Time.

For Safety Critical Work (SCW) or when working on Network Rail's Managed Infrastructure (NRMI) working patterns are set at the following limits;

- No more than 12 hours to be worked per turn of duty, 14 hours door to door (this includes travelling time).
- No more than 72 hours to be worked per 7 day period (Monday to Sunday).
- A minimum rest period of 12 hours between shifts.
- No more than 13 shifts in any 14-day period.

The limits on working hours for London Underground (LU) are:-

- The longest shift in any roster shall be 12 hours.
- The minimum rest between 2 shifts shall be 11 hours.

Consecutive days that may be worked before a rest period by an employee or sub-contractor for LU shall be either:-

- 6 consecutive days followed by a rest period of not less than 24 hours.
- 12 consecutive days followed by 2 consecutive days rest, each of which is not less than 24 hours.
- Within any 14 day period, 2 rest periods, each of which is not less than 24 hours.
- Staff must not work in the 12 hours preceding the start of any training course.

Work will be planned on the basis that the above limits should not be breached unless in exceptional circumstances and approved by a Senior Manager, after an assessment of the circumstances.

This Policy Statement should be read in conjunction with our Working Hours and Fatigue Management Procedure.

This policy will be communicated to all employees through an induction. It will also be prominently displayed at the Company's office and freely available on the Company intranet.

Signed: Will Res

(Managing Director)

Date: 24 October 2019

RWHP/R2_1019



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